



TEXTURE MODIFIED
Desserts
 Available in purée and moist-minced options.



DELICIOUS TEXTURE MODIFIED MEALS & DESSERTS.
 Specifically designed for dysphagia, dementia, parkinson's disease, cancer, cerebral palsy and stroke sufferers.

Our delicious soft and puréed meals are designed in collaboration with speech pathologists to ensure they are perfect for those with swallowing difficulties. We also work with nutritionists and fortify our meals with additional protein and dairy to assist with healthy nutrition, even when only part of the meal is consumed.

All parts of our meals and desserts are individually pureed, molded back into their original shape, snap-frozen and then hygienically wrapped, making them perfect for home-care or health-care facilities.

- MEALS**
 ROAST CHICKEN W GRAVY & VEGETABLES
 ROAST LAMB W GRAVY & VEGETABLES
 ROAST BEEF W GRAVY & VEGETABLES
 ROAST PORK W GRAVY & VEGETABLES
 SILVERSIDE, PARSLEY SAUCE & VEGETABLES
 APRICOT CHICKEN & VEGETABLES
 SALMON, LEMON SAUCE & VEGETABLES
 CHICKEN & SPINACH RAVIOLI W TOMATO SAUCE & VEG
 BEEF STROGANOFF & VEGETABLES
 SHEPHERDS PIE & VEGETABLES
 BEEF & RED WINE & VEGETABLES
 CHICKEN & HONEY MUSTARD SAUCE & VEGETABLES
 RISSOLES & ONION GRAVY W VEGETABLES
 FISH IN BUTTER SAUCE W VEGETABLES
 VEGETARIAN RATATOUILLE
 VEGETARIAN SPINACH AND RICOTTA DOME
 VEGETARIAN PUMPKIN AND PEA SAVOURY PUDDING

- DESSERTS**
 BLUEBERRY CHEESECAKE
 STRAWBERRY CHEESECAKE
 CHERRY CHEESECAKE
 CHOCOLATE CHEESECAKE
 JAM PUDDING
 APPLE PUDDING
 STICKY DATE PUDDING
 TOFFEE PUDDING
 CHOCOLATE PUDDING
 BLACKFOREST PUDDING
 LEMON MOUSSE
 CHOCOLATE MOUSSE
 APPLE CRUMBLE
 TIRAMISU

PROUDLY WORKING WITH



HOME DELIVERY
 We offer free home delivery within our Melbourne delivery zone and a flat fee to regional Victoria. (Minimum order applies)

LOCALLY SOURCED INGREDIENTS
 98% of all our ingredients are Australian grown, preferably sourced from Victoria where possible.

DELICIOUS RANGE
 Make meal times interesting again with a wide range of delicious individually molded portions.

NDIS APPROVED
 We pride ourselves on making delicious fortified food at affordable prices.

Visit our factory store at 12/981 Mountain Hwy, Boronia
Order online at www.ranahansspecialdiets.com.au

(03) 9720 0371 | enquiries@ranahans.com.au | PO Box 681, Bayswater, VIC, 3153

TEXTURE MODIFIED *Meals*

Available in purée or moist-minced options
All meals are gluten free



ROAST PORK



CHICKEN & SPINACH RAVIOLI



APRICOT CHICKEN



SALMON & LEMON SAUCE



ROAST LAMB



BEEF RISSOLES & ONION GRAVY



CORNER BEEF



VEGETARIAN SPINACH & RICOTTA DOME



ROAST CHICKEN



BEEF STROGANOFF



HONEY MUSTARD CHICKEN



VEGETARIAN PEA & PUMPKIN PUDDING



ROAST BEEF



BEEF IN RED WINE SAUCE



SHEPHERD'S PIE



VEGETARIAN RATATOUILLE